

Health Alert

2 Overdose-Related Deaths Within Past Week

Posted: April 29, 2020

Two deaths have occurred in Guelph within the past week that are believed to be due to a substance overdose.

- 5 overdoses have also been reported within the same period
- Reports suggest a mixture of compounds including the circulation of strong opioids, cocaine contaminated with opioids and the presence of benzodiazepines within the drug supply
- Please be aware that substances may be stronger and/or contain substances different than what you're used to.



Reduce your risk of overdose

- ✓ Carry naloxone
- ✓ Never use alone*
- ✓ Start low and go slow (e.g., with any new purchase, start with 1/3 of a normal dose)
- ✓ Use the Consumption and Treatment Services Site (CTS) supervised by health professionals at Guelph's Community Health Centre

www.wdgpulichealth.ca/harmreduction

*It's important to maintain 2 metres distance to protect yourself during the COVID-19 Pandemic. Phone a friend or call the Overdose Prevention Line (1-888-853-8542) to make sure someone is available to check up on you.