

COVID-19 DOFFING PPE

This poster is designed to assist healthcare workers and Paramedics on the correct doffing of personal protective equipment (PPE) when providing healthcare to:

- Patients with symptom and travel history that meet the criteria to be further assessed and tested for COVID-19
- Person under investigation for COVID-19
- Patients with COVID-19

Note: Hand hygiene should be performed after removing PPE, before hands approach the face and any time hand contamination is identified or suspected during the doffing process.

PPE must be removed slowly and carefully and in the correct sequence to avoid self-and cross-contamination of the workplace.



Remove Gloves



Remove Gown



Perform Hand Hygiene



Remove Eye Protection



Remove N95 Respirator



Perform Hand Hygiene

N95 Respirator

Fit-tested and seal checked

Eye Protection

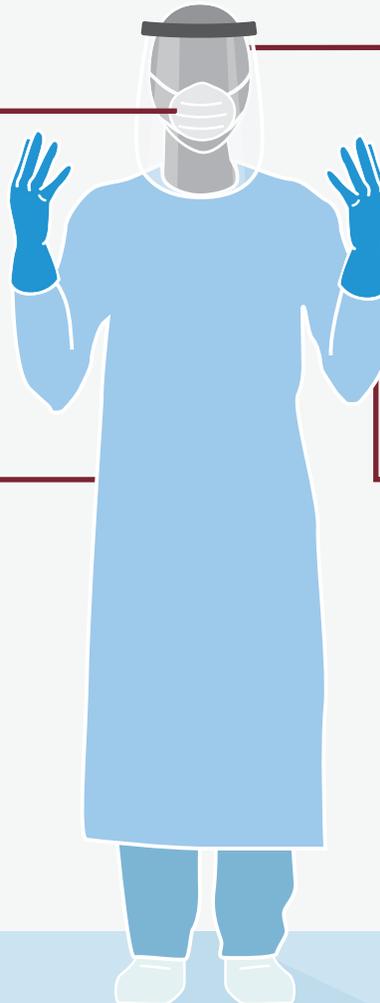
Single-use (disposable) full face shield or goggles

Gown

Single-use (disposable) gown

Gloves

Ensure gloves cover cuffs of gown and that no skin is exposed



You must have received PPE training and successfully completed donning and doffing practical testing before further assessment or testing is conducted. Keep gloved hands away from face at all times. Avoid touching PPE once care has begun. Replace damaged gloves immediately and perform hand hygiene. Remember to safely dispose of PPE into a waste container immediately after removing.

DOFFING PPE DESCRIPTION

This checklist is designed to assist healthcare workers (HCWs) and Paramedics on the correct doffing of personal protective equipment (PPE) for suspected or confirmed cases of COVID-19. **Please Note: This is a sample checklist** that may need to be adapted to meet relevant standards of practice and/or specific manufacturer's user instructions for variations of approved PPE.

Note: Hand hygiene should be performed after removing PPE, before hands approach the face and any time hand contamination is identified or suspected during the doffing process.

PPE must be removed slowly and carefully and in the correct sequence to avoid self-and cross-contamination of the workplace.

DOFFING PPE PROCEDURE

Remove gloves

- Inspect gloves for visible contamination, cuts or tears before removing
- Take care to avoid touching the outside of the gloves with bare skin
- Dispose into waste container

Remove gown

- Unfasten ties. Avoid contact of inner clothing with outer surface of gown during removal, touching inside of the gown only.
- Dispose into waste container

Perform hand hygiene

- Use alcohol-based rub (ABHR) or soap and water
- Allow hands to dry completely

Remove eye protection

- Remove face shield or goggles by grasping band at back of head and lifting gently over head and away from face
- Dispose into waste container

Remove N95 respirator

- Grab bottom strap and lift over head
- Lean forward and grab top strap; gently lift over head and away from face
- Take care to not touch the front of the respirator
- Dispose into waste container

Perform hand hygiene

- Use alcohol-based rub (ABHR) or soap and water
- Allow hands to dry completely

