



# COVID-19

1. Do you have ANY of the following new or worsening symptoms:



Fever (37.8°C/100°F or higher) or chills



Cough



Difficulty breathing or shortness of breath



Sore throat, trouble swallowing



Runny or stuffy nose



Decrease or loss of taste or smell



Not feeling well, extreme tiredness, sore muscles



Nausea, vomiting, diarrhea, abdominal pain

2. Have you travelled outside of Canada in the past 14 days?

3. Have you had close contact with a confirmed or probable case of COVID-19, without wearing medical-grade PPE (e.g., a medical mask, eye protection)?

If you answered YES to any of these symptoms or questions, you must:

- GO HOME & SELF-ISOLATE right away.
- Book an appointment at an assessment centre for a COVID-19 test. To find your closest assessment centre, visit [wdgpublichealth.ca](http://wdgpublichealth.ca)

*Adapted with permission from Toronto Public Health*