

COVID-19 Information Bulletin #68

Date issued: November 5, 2020

Purpose of bulletin: To keep local stakeholders informed about COVID-19 and its implications for Wellington County, Dufferin County and the City of Guelph (WDG). For more information visit www.wdgpUBLICHEALTH.ca.

Due to the evolving nature of the situation, further updates may be forthcoming. For more information visit www.wdgpUBLICHEALTH.ca.

Surveillance

- Information about cases in WDG can be found on [our website](#)
- Information about institutional outbreaks can be found in the [Retirement and Long-Term Care Outbreak Bulletin](#)
- Information about local assessment centres and testing criteria is available on [our website](#)

Remembrance Day

Honoring the memory of those who served and continue to serve in Canada's armed forces is important to all of us. Public Health supports observance of Remembrance Day this year with the following changes:

- Consider attending a virtual or outdoor service, if possible, instead of an indoor one to reduce the risk of COVID-19 transmission.
- If you're attending an in-person event, please follow public health recommendations:
 - Restrict close contact to only those you live with.
 - Practice physical distancing of six feet with anyone you don't live with.
 - Wear a face covering.
 - Practice good hand hygiene.
 - Download the COVID Alert App.
 - Stay home if you have symptoms, even if mild.

WDG Public Health is monitoring community spread and positive cases of COVID-19 in our communities and will adjust our advice if needed.

Guidance Documents and Resources for Schools

The [school section](#) on the WDGP website will continue to be updated with resources as they become available and are developed. Please be sure to bookmark the page, rather than save

documents, to ensure you have the most up-to-date versions. Minor revisions are made as needed. Check out the school-related [frequently asked questions](#).

Additional Resources

- [How to Safely Use a Non-Medical Mask or Face Covering](#) (November 3)
- [COVID-19 Health Product Industry: Information for Health Product Manufacturers and Distributors](#) (November 4)

Ongoing COVID-19 Action

Face Coverings

On October 2 ([see News Release](#)), the Ontario government announced that when you go out anywhere in Ontario, you must use a face covering (non-medical mask, such as a cloth mask) in public indoor spaces and whenever physical distancing is a challenge. This includes [public spaces, workplaces and vehicles that operate as part of a business or organization](#), with some exceptions.

As the season begins to change and people start to spend more time indoors, an additional recommendation from the Public Health Agency of Canada (PHAC) is for individuals to consider the use of face coverings that are made of three layers, including a filter layer. The addition of a filter layer improves the level of protection that can be provided by non-medical face coverings. This is not to say that there is currently any reason to throw away non-medical face coverings that are made of two layers. These face coverings remain effective if they fit closely against the face covering the nose, mouth, and chin, and are changed or laundered frequently. However, as individuals look towards purchasing or making new non-medical face coverings, it is recommended to use the updated guidance from PHAC and choose those with three-layers of protection where possible.

For more information and instructions on how to make your own three-layer face covering, visit the [Public Health Agency of Canada website](#).

Visit our [website](#) for frequently asked questions on face coverings and further information.

COVID-19 Cases in Schools and Licensed Child Care Centres

The Government of Ontario has launched a [webpage to report COVID-19 cases in schools and child care centres](#) for parents and the public. This page will be updated every weekday with the most up-to-date COVID-19 information available, including a summary of cases in schools and licensed child care centres and agencies.

Physical Distancing Floor Decals

- WDG Public Health has physical distancing floor decals available for community partners to use at their locations.
- If you would like decals, please contact Anna Vanderlaan via email at anna.vanderlaan@wdgpublichealth.ca



COVID-19 Testing

Please check your local [assessment centre](#) for details on booking an appointment. Public Health **DOES NOT** provide testing. No referral is needed. **Bring your health card to the assessment centre** (if you have one). It is OK if it is expired. Presenting your health card allows you to:

- Check your test results online. Public Health only calls those who test positive.
- Be treated or prescribed medication for other respiratory conditions if needed and if this option is available at your assessment centre.
- Move through the testing process faster.

Further instruction will be provided by the clinician at the assessment centre based on individual assessment.

If you are asymptomatic a list of pharmacies, currently providing testing, is available at the [Ontario COVID-19 testing locations finder website](#).

Check Your COVID-19 Test Results Online

COVID-19 test results are available [online](#). If you receive a positive result you will have the option to report your information to Public Health through Contact +. Contact + is a voluntary, web-based service. **It does not replace the call you get from Public Health.** Contact + allows you to confirm your contact details as well as review and answer the questions that Public Health will ask you, in advance of your call. You may add this information for up to 48 hours after your positive test result is reported. For more information about Contact + visit the [testing and results](#) page.

Safety Sector-Specific Guidance

Sector-specific guidelines and posters to help protect workers and the public from COVID-19 are available from the Government of Ontario. These [guidance documents](#) are being posted and updated as they become available, so check back regularly.

Contact Information for Additional Support

WDGPH COVID-19 Call Centre

- **For health-related questions**, including symptoms, close contacts or travel:
 - Call 519-822-2715 ext. 7006



- Available Monday – Friday from 9:00 a.m. – 4:00 p.m. and **Saturday 9:00 a.m. – 3:30.**
- **For non-health related questions**, including business or workplace concerns, social distancing/face covering questions or non-emergency reporting questions:
 - Call 519-822-2715 ext. 4020
 - Available Monday – Friday from 9:00 a.m. – 4:00 p.m.

Reliable Information Sources

Wellington-Dufferin-Guelph Public Health: www.wdgpUBLICHEALTH.ca

Ontario Ministry of Health: www.ontario.ca/coronavirus

Public Health Agency of Canada: www.canada.ca/coronavirus