

Quick Reference Guide for Management of Respiratory Symptoms

Assess 1	<p>Does the resident have any new and/or worsening respiratory symptoms? (<u>One</u> or more) If yes: Continue to Step 2 If no: Continue to monitor and if resident develops any new or worsening symptoms go to Step 2</p>
Isolate 2	<p>Isolate and Initiate Additional Precautions</p> <ul style="list-style-type: none"> Place the resident in isolation Initiate droplet/contact precautions: Eye protection, gown, gloves and well-fitted mask (medical mask or fit tested N95). Ensure signage and PPE is in place at resident room.
Report 3	<p>Has there been two or more residents with similar symptoms within the last 48 hours? If yes: Call WDGPH @ 1-800-265-7293 ext. 4752 (during business hours) or 1-877-884-8653 (after hours, weekends, and holidays) and gather this information then follow Steps 4 and 5:</p> <ul style="list-style-type: none"> Number of ill residents and/or staff Symptoms Date of symptom onset Affected unit, floor or wing Hospitalizations/deaths <p>If no: You do not need to notify WDGPH. Continue to still follow steps 4 and 5.</p>
Test 4	<p>Complete Specimen Collection</p> <ul style="list-style-type: none"> Collect PCR swab by registered staff as soon as possible and test for respiratory/COVID-19 viruses. PCR swab should always be completed on residents with respiratory symptoms even if a RAT result is negative.
Manage 5	<p>Case Management</p> <p><u>Respiratory and Influenza</u></p> <p>Isolation: 5 days from symptom onset or until symptom free, whichever is sooner. Once discontinued wear a well-fitted mask, if tolerated, when receiving care and when outside of their room until day 10 from symptom onset.</p> <p>Roommate: Place in isolation and may discontinue after 5 days if asymptomatic (test only if symptomatic). Monitor signs and symptoms (s/s) daily and should wear mask and physical distance when outside of room until day 10 from last exposure (If tolerated).</p> <p>Close contact: Monitor closely for s/s daily. Isolate and test if symptoms develop. Encouraged to wear mask for 7 days from last exposure (if tolerated).</p> <p>PPE: Well-fitted medical mask, eye protection, gown and gloves.</p> <p>Antiviral treatment (Influenza): Consult with physician – best if initiated within 48 hours of signs and symptoms onset.</p> <p>Assessment: All residents in an outbreak area should be monitored daily for symptoms. Outbreaks are declared over as per PH guidance: No sooner than 8 days from last resident case.</p> <hr/> <p><u>COVID-19</u></p> <p>Isolation: 10 days from symptom onset. Resident can come out of room after day 5, if symptoms have improved for 24hr (48hr if gastrointestinal s/s), no fever is present, and resident is able to independently and consistently wear a mask from day 6-10.</p> <p>Roommate: Place in isolation and may discontinue after 5 days if asymptomatic (test only if symptomatic). Monitor s/s twice daily and should wear mask and physical distance when outside of room until day 10 from last exposure (If tolerated).</p> <p>Close contact: Monitor closely for s/s twice daily. Isolate and test if symptoms develop. Encourage to wear mask and physically distance for 7 days following last exposure (if tolerated).</p> <p>PPE: Well-fitted medical mask OR fit tested N95, eye protection, gown and gloves</p> <p>Antiviral treatment: Consult with physician.</p> <p>Assessment: All residents in an outbreak area should be monitored daily for symptoms. Outbreak is declared over as per PH guidance: No sooner than 8 days from last resident case.</p>